



# THE ALOHA DISTRICT NEWSLETTER



September 2003

## ONE TEAM ONE DREAM

By Mercedes Balli, DTM  
District Governor

**W**e are off to a running start. We have 12 excellent Area Governors, and three outstanding Division Governors who have been working very hard to keep you informed of what is going on in the District. The District staff and I are working diligently to help you and your club be successful. Your successes for your club are measured thru the Distinguished Club Program as set forth by Toastmasters International. The goals that are set by TI are easily attainable if you follow the plan. We want you to be successful. When you succeed, we succeed. **It's a Team effort.**

Larry Lands, LGET and I attended the International Conference in Atlanta Georgia from August 20-August 24, 2003.



It was one of the best conferences I have ever attended. We elected our International President Ted Corcoran DTM from Ireland and our International Directors from all over the country, third Vice President Johnny Uy from the Philippines, Senior V.P. John

Greiner, Second V.P. Dilip Abayasekara. As most of you know we are in over seventy-six Countries. It's amazing and it is always so exciting to meet new friends and visit with old friends at the convention. Toastmasters from all over the world who have the same dream, and share the same vision as we do, to help make their clubs, Area, Division, District and Regions be Distinguished. **It's Friends helping friends to help build a better world.**

Immediate past District Governor Elaine Glover, past LGET Flo Johnsen, and I each received the Distinguished District Recognition award at the Hall of Fame Awards in Atlanta for 2002-2003. It was wonderful and exciting to walk up to the front off the stage of over 2,000 Toastmasters and receive a plaque that represents all of the members in District 49 that says "Distinguished District" 2002-2003. Out of 76 Districts only 45 made Distinguished. From the 45 Districts six Districts achieved Presidents Distinguished and six achieved Select Distinguished District. For the Communication and Leadership awards there were a total of 18,167 CTM's, 7,840 ATM's, 526 DTM's, 6,244 Competent Leader and 560 Advanced Leader. **Which educational achievement will you complete this year?**

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## Possibilities

By Larry Lands DTM  
Lt Gov Education & Training

**T**he Possibilities that Toastmasters affords are limitless! I can categorically state that Linda Lingle became our Governor in the state of Hawaii because of Toastmasters. While Mayor of Maui, she formed a club and encouraged all her staff to join. She recognized that communication skills are imperative to a politician, and indeed vital to everyone. Her skill in the debates, which she attributes to Toastmasters, won her a very close election.

Your possibilities in life are often influenced by your  
(Continues on page 5)



## WOMEN'S PRISON

By Terrence Roughton, DTM  
Lt. Gov of Marketing

### CAMPBELL HIGH SCHOOL YOUTH LEADERSHIP PROGRAM

**L**ina Carahasen, Area 10 Governor, has kicked off Campbell's Youth Leadership Program, which started Tuesday, August 26. Jim Jones is assisting her as co-coordinator. The program will be conducted in eight sessions held on **Tuesdays**, from **3:30 PM - 5:00PM**. The program is scheduled to end November 4th.

Carahasen adds the following: "Participants in the workshop are eight High School Seniors who are either Class Officers or members of the Student Council. If anyone is interested in doing presentations, Jim and I could sure use your help and support, including moral support, in doing the workshops. We realize that the time is not convenient for working people but if you could spare a couple of hours, it would be a good opportunity to work with the youth in our community and contribute to the development and growth of our future leaders."

Please call 922-TALK (8255) if you have any questions. Let Lina or Jim know if you are interested and which session you are able to help with. They would appreciate your support. ♦



*Do you have any questions or ideas of how we can spread the word about Toastmasters? Call 922-TALK (8255) or email our newsletter team at [songbirdprez@aol.com](mailto:songbirdprez@aol.com).*

**A**s one of the volunteers in the Hawaii State prison system for over three years, I feel Toastmasters at the Women's Prison is a very vital community service. It helps the women to build self-confidence and to be able to speak to a group of people. The Toastmasters club provides them an opportunity to express their feelings in a non-threatening atmosphere. They understand that, in the club setting, we are trying to help them improve their speaking ability. We do not condemn their prior actions, and yet, we let them speak about those actions without judgment. The women know that Toastmasters is....

*(Continue on page 5)*

### NEW HOPE TOASTMASTERS

**I**f you're at a meeting where they start with a song and end with a prayer, you know you're at New Hope Toastmasters. With 20 plus members, one of our newest clubs in District 49 has taken off.

Club President Sherrie Wong is working with her members to expand on their speech topics and material. It was her father Alvin Wong, a member with Battle Ship Missouri, who first contacted our District Governor Mercedes Balli about starting a club at New Hope. With the help of Jim Jones as Mentor, Greg Ching and Mercedes as Sponsors, club members will get a fantastic club foundation.

Jim Jones extends his personal invitation to come down and visit New Hope TMs. Meetings are held on Tuesdays, 7:00pm, at the New Hope building on Sand Island Access Road. Be ready to start with a song and end with a prayer! ♦

## SHARE THE TIPS- VISUAL AIDS

By Richard Hernandez, DTM  
District Public Relations Officer

Using visual aids is one method we can use to enhance our speeches. Some speakers make an effort to incorporate them into every speech. Some quick guidelines: Make sure it serves a purpose by relating to the point you're making; it needs to be seen by everyone, so you may have to hold it up. Depending on the room set up, you may have to pan it to those sitting at the front corners of the room. Don't forget to put it down when you're not using it. Rehearse with your visual aid so it's not clumsy in your hands.

Also, if you don't rehearse with it, you'll likely forget it during your actual presentation. Continue to look at the audience as your explaining it. Avoid passing it around the room, since the audience will be distracted and not have their attention on you--where you want it!

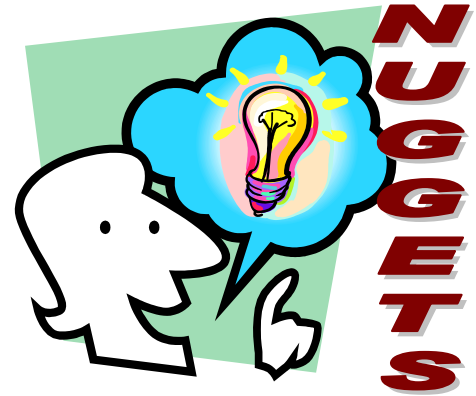
## MEMBERSHIP GROWTH

By Richard Hernandez, DTM  
District Public Relations Officer

Maintaining membership is always a challenge for our clubs. Most island clubs invariably have members move to the mainland or back to their country of origin. We also have members who return to the islands or move here for career-related reasons. How often do we have Toastmasters visit who were "shopping" for a new club? Increasing membership by adding five new members is part of the Distinguished Club Program. A key player in this is the V.P. of Membership, who has "the point" in keeping club membership growing.

Club officers are a team. There are several ways this team can help the V.P. of Membership be successful. First, greet your guests with enthusiasm. No one wants to be part of a group resembling a wake. Ask them to sign your guest book. Use their name as you introduce them to other members. As Dale Carnegie said, a person's name is "the sweetest sound in the world."

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## WHEN GOOD WORDS ARE HARD TO FIND

By Ron Neff, ATM-G  
Area 1 Governor

At last!! Supreme power is mine! I will show these lowly peasants how truly superior I am. Ha, ha, ha, ha, ha!!! Is that how you react to being word master? I have seen some people who seem to feel that way, selecting a word that was last uttered 85 years ago between two English professors in a back office at Oxford University in London while discussing Archaic English.

Okay, so maybe I'm exaggerating a little - but just a little. I have seen words so obscure as to be utterly useless in any conversation. Remember, the purpose of the Word Master is to introduce "new words to members ... that will help members increase their vocabulary - a word that can be incorporated easily into everyday conversation but is different from the way people usually express themselves." This quote is from page 76 of the Communication and Leadership Program manual.

If the word of the day is not easily understood by most of your people, then it isn't practical to use it. So it is a poor choice. There is an abundance of marvelous words that are commonly understood but seldom used. To me, these are ideal words to be added to one's vocabulary. And then there is the other extreme. That is the club member who "forgets" that they are the Word Master and tries to find a word after they arrive by looking in a dictionary. Or they're shuffling the deck of word cards from TM and selecting a "fun word" that has only been selected by other forgetful members seven times during the last year.

*(Continue on page 6)*

# THE ALOHA DISTRICT NEWSLETTER

**Publisher** Richard A. Hernandez  
**Editor & Lay out Design** Michelle J. Santos

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## 2003-2004 Aloha District 49 Officers

<b>District Governor</b>	Mercedes Balli, DTM Winner's Circle II (4822)
<b>Lt Gov of Education and Training</b>	Larry Lands, DTM Battleship Missouri (123)
<b>Lt. Gov of Marketing</b>	Terrance Roughton, DTM Nooners (2810)
<b>Public Relations Officer</b>	Richard A. Hernandez, DTM Waikiki (7324)
<b>Immediate Past Governor</b>	Elaine Glover DTM Bankoh (2074)
<b>Secretary</b>	Megan J. Donahue, ATMS Waikiki (7324)
<b>Treasurer</b>	Elizabeth C. Rahr Kamaaina (9320)
<b>Audit Committee</b>	Ron Mobley, DTM, PDG
<b>District Photographer</b>	Greg Ching, DTM, PDG
<b>Database Administrator</b>	JoAnna Lands, ATMB
<b>Parliamentarian</b>	Doug Kelly, DTM, PDG
<b>Webmaster</b>	Larry Lands DTM
<b>Telephone Committee</b>	Jim Jones, DTM

For information on joining or building a club, call: **808.922.TALK (8255)**.  
email [via](mailto:richard.hernandez14@gte.net) web: <http://www.district49.org>

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To submit articles, Email Richard A. Hernandez at [richard.hernandez14@gte.net](mailto:richard.hernandez14@gte.net)

**Toastmasters International** is a non-profit educational organization that teaches communication skills and leadership in the venue of public speaking through a worldwide network of clubs. The organization currently has over 180,000 members in over 9,000 clubs in 70 countries. Since its founding over 75 years ago in October 1924, the organization has helped some four million men and women give presentations with poise and confidence.

**The mission of Aloha Toastmasters District 49** is to enhance the performance and extend the network of Clubs, thereby offering greater numbers of people the opportunity to benefit from the Toastmasters educational programs by:

- Focusing on the critical success factors as specified by the District educational and membership goals.
- Ensuring that each Club effectively fulfills its responsibilities to its members.
- Providing effective training and leadership development opportunities for Club and District officers.

The **Aloha District Newsletter** is published every other month by the Aloha Hawaii Toastmasters District 49 electronically and is distributed through the district's website, <http://www.district49.org>. It is published to promote the ideas and goals of the Aloha District 49. This publication carries only authorized articles and notices regarding the activities and interests of the organization, but responsibility is not assumed for the opinions of the authors of other articles. Copyright 2003-2004 by Aloha Hawaii Toastmasters District 49. All rights reserved.

*ONE TEAM ONE DREAM from page 1...*

**We can and will be distinguished with your help for 2003-2004.** Share your Toastmasters experience with your friends, family, and your peers. Bring a visitor to your club meeting and sign them up. Encourage your members to complete their educational goals. Our International President Ted Corcoran's theme is "Your Dreams are your possibilities". **What are your dreams for 2003-2004?**

Our team wants to be distinguished. With you on our team we cannot fail. See you at the top! ♦

*POSSIBILITIES from page 1...*

...communications and leadership skills, the two things we teach in Toastmasters. A byproduct of having those skills is in confidence and ease around others. Those two items alone will dramatically impact your social life as well as your future professional possibilities, whether you are 18 or 80. In fact I recently met a District Governor who is 97 years old!



Being a member of Toastmasters is simply an advantage that most people just don't know about, and virtually all could benefit from. I encourage you to participate fully, and to tell your friends what they are missing. There is a lifetime of benefit in an hour a week. Just look at what happened to me. Four short years ago I joined Toastmasters. Two years ago, thanks to the skills I learned, I earned my way to stand on the stage at the World Championship of Public Speaking as one of the nine best speakers in the world of Toastmasters. Limitless possibilities indeed! ♦

*WOMEN'S PRISON from page 2...*

...an organization that is in the prison to help, not hinder their growth, as worthwhile citizens. Many have been able to go to their parole hearings and speak with confidence after attending Toastmaster meetings.

Toastmasters also teaches time management and accountability. They are required to participate in the different club roles and cannot just come to sit in the classroom.

**Lunch With Governor Lingle**

When was the last time you had lunch with the Governor? No, really! Well now is your chance. Our Governor, Linda Lingle will be attending our Fall Conference and sharing her thoughts with us during our luncheon period.

Oh, we forgot to tell you. The District 49 Fall Conferences is ready to happen at



**Waikiki Beach Marriott Resort Hotel**  
**2552 Kalakaua Avenue**  
**Honolulu, Hawai'i**  
**Saturday, November 22, 2003**  
**8:00 a.m. to 5:00 p.m.**

In addition to visiting with our governor you will also get to experience three educational sessions, and will watch district wide contestants vie for the titles of Best Humorous Speaker and Best Evaluator in Hawaii.

Watch for the flyer and registration form later. This is an event you do not want to miss. This is an opportunity for us to watch, share, and grow. Hope to see you there. Mark your calendars today!!!

Toastmasters helps the women to feel better about themselves and know that there are people in the community who care about them as individuals, not as someone to be shunned due to prior mistakes. The women who join Toastmasters are trying to improve their lives by improving their knowledge of communication and leadership. Many realize that Toastmasters is the best way for them to accomplish this goal. ♦

*WHEN GOOD WORDS from page 3...*

Please remember, there are no small parts, only small players. Put in a little effort and be a "big" Word Master. And once a word is selected it needs to be printed in letters large enough to be seen from all points in the room, along with the part of speech (adjective, noun,

adverb, etc.) and a brief definition. You should also have a sentence prepared using the word.

A great place to get words is our district web site [www.district49.org](http://www.district49.org) or to subscribe to a Word of the Day list by email. Just send a blank email message to: join [WordoftheDay@lists.lexico.com](mailto:WordoftheDay@lists.lexico.com). In a week or two you will have enough very interesting words to make and being the Word Master of the day a joy for you and for your club's members. ♦

### MEMBERSHIP GROWTH from page 3....

Before the meeting begins, take a few minutes to go over the agenda. Some clubs use a meeting guide, which explains the roles for each of the meeting roles. This demonstrates the club is structured. People tend to like order and organization. As the meeting begins, guide your guests to a seat and sit with them through the meeting. Be sure the President recognizes the guest during the introductions. Encourage them to write down any questions they might have during the meeting. After the meeting, you can answer their questions.

Be proud of your club. Don't hesitate to invite them to join. It's always good to remind them they can visit again and bring a friend. Have some "fast facts" about Toastmasters (I call this your 20-second commercial) such as your background, why YOU joined THIS club. You can share how long your club has been chartered, a brief overview of the basic C&L manual, etc.

Help them take "the next step" to joining. I prefer not to overwhelm guests with huge packages of "take-aways." Each guest is different and usually tell you how they like to gather information. Point out the District 49 website ([www.district49.org](http://www.district49.org)) where they can look up information at their convenience.

With our continuing efforts down at the clubs, we can continue to "spread the word" about Toastmasters throughout our community. ♦

## Judge me well!

By Michelle J. Santos  
VP Public Relations, 123 Battleship MO

On August 3<sup>rd</sup>, 2003 at Tripler, Larry Lands, DTM, Lt. Gov. of Education and Training spearheaded a Judges Training Seminar.

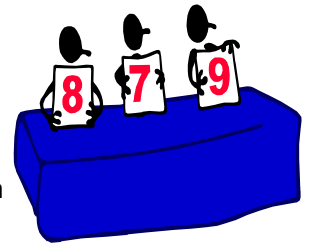
Twenty-two Toastmasters attended and received recognition for their participation.

A truly learning experience, this seminar is very much considered as an integral part in honing one's skill to become a proficient speaker according to Lands who two years ago stood on the World Championship of Public Speaking stage as one of the nine best speakers in the world of Toastmasters. One vital lesson learned that day is how important quality judging is to someone's progress. How else will you know if you fairly and squarely follow what Toastmasters Manuals have taught you?

We have seen people improperly judge contests due to partiality or being 'caught in the moment' forgetting to use the Judges Guide and Ballot. To sum up the core lesson I've learned, Lands emphatically says, "When you judge the contest, you don't evaluate. You are there to pick the winner!" So let's leave all the biases aside and judge fairly!

Congratulations and good luck to the new certified Contest Judges!

Club No.	Name
4259	Anne Meyers
520	Cheryl Mapano
720	Dennis Kamae
3701	Doreen Wong
4259	Fred Carahasen
2317	Gloria Shishido
123	Jim Jones
7094	Johnette Cordero
4822	John Travis
9320	Joyce Nakamura
5387	Karen Lugo
4822	Kevin Polk
4259	Lina Carahasen
1116	Linda Wong
9320	Max Raksasat
9320	Mercedes Balli
123	Michelle J. Santos
3701	Pua Hardwick
4822	Ron Neff
7644	Ron Mobley
2317	Sherry Ann Stowell
	Sherriann Wong



MAUI Training	8/30/03
7854	Debbie Revilla
910	Lane Holcroft
910	Sheri Mc Nerthney
910	Ann Elaine Johnson
910	Jeri Hillam
Lahaina	Marti Dunn
Lahaina	Eve Clute

September

## REMINDERS

- 1 MON DISTRICT TREASURER- *compile report for July 1- August 31 and send to District Governor (due by October 15).*
- 10 WED Advisory- CLUB SECRETARY and TREASURER: *Semiannual Membership Reports and dues to World Headquarters so that they arrive by 5PM Pacific Time next Wednesday, October 10th.*
- 20 SAT DEC Officers Meeting. Location: *Tripler Nurses Conf. Room (8:00 AM-10:00AM)*
- 24 WED AREA 10 Humorous Speech and Evaluation Contest. *First Hawaiian Center - 999 Bishop Street, 6th Floor Training Room. (5:30 PM- 8:30PM) Contact Lina Carahasen – 525-8909 for more info.*
- 26 FRI Area 2 Contests JAIMS ( *Japanese Institute of Management Science*), 6660 Hawaii Kai Drive. *Registration 5:30 Contest starts at 6:00 Pot luck. Contact John Travis 395-3332.*
- 27 SAT Area 3 Contests - *Cameron Center 8:00 AM- 11:00 AM. Contact Debbie Revilla 283-8612 for more info.*
- 29 MON Advisory- AREA GOVERNORS- *all Area Reports of Club Visits must be submitted to the District Governor by the end of next month (October).*
- 30 TUE DISTRICT- *Division/Area Governors/ and Club Officers Training Reports must be postmarked by today!* DISTRICT TREASURER- *submit budget by today.*

October

- 1 WED CLUB SECRETARY and TREASURER: *Last day to send out Semiannual Membership Reports and dues to World Headquarters so that they arrive by 5PM Pacific Time next Wednesday, October 8th.*
- 4 SAT AREA 7 SPEECH CONTEST - *Open to the Public. WHERE: Susannah Wesley Community Center 1117 Kaili Street, Honolulu TIME: 9:30 to 11:30 a.m. (Judges and Speakers: Please come at 9:00 a.m. Contest starts promptly at 9:30 a.m.)*
- 8 WED CLUBS- *Membership list and dues (Semiannual Reports) must arrive at World Headquarters by 5PM Pacific Time today.*
- 11 SAT Area 1 Speech Contest - *open to the public (9:00 AM- 11:30 AM)*
- 13 MON Area Governors- *Area visit reports are due at the end of the month*
- 15 WED DISTRICT TREASURER- *send report for July 1- August 31 to District Governor by today.*
- 17 FRI Area 6 Humorous Speech and Evaluation Contest (6:30- 10:00 PM) *See website for more info*
- 18 SAT DEC Officers Meeting. Location: *Tripler Nurses Conf. Room (8:00 AM-10:00AM)*
- 25 SAT Division A Humorous Speech and Evaluation Contests (9:00 AM- 12 PM)  
**District 49 Halloween Party** *Ala Moana Beach Park. Games, Prizes, Fun for the whole family! Contact JoAnna Lands at 688-9800. (2:00 PM-4:00 PM)*
- 31 FRI AREA GOVERNORS- *all club visit reports must be submitted to the District Governor TODAY!*

See the District website [www.district49.org](http://www.district49.org) for more info on all these events